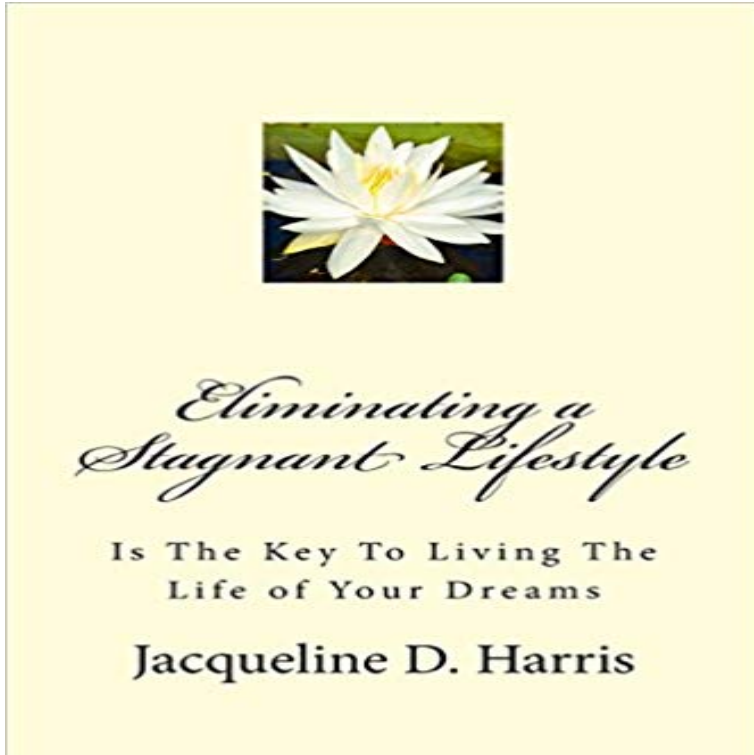


Eliminating a Stagnant Lifestyle: Is The Key to Living the Life of Your Dreams



Imagine awakening with a terrifying feeling that you are drowning in quicksand. You look around and see that you are stuck in a rut, unhappy, depressed and not living the life of your dreams. Author Jacqueline Harris found herself in that exact situation. Not only that, in her professional career and personal life, she realized she wasn't alone as she encountered many women that were in the same predicament. In *Eliminating a Stagnant Lifestyle*, Author Jacqueline Harris shares the common signs we overlook in our daily lives that guarantees feelings of anger and depression. But more important, she shares the successful internal and external techniques used to triumphantly become happy and live the life of your dreams.

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